

Homemade Salsa

Makes 2 cups



Ingredients

- 2 large tomatoes
- 1 Jalapeño pepper - chopped
- ½ cup of green onion - chopped
- 2 tbsp of cilantro - fresh, chopped
- 2 tbsp of lime juice
- ¼ tsp of salt

Directions

☞ Mix all ingredients well and chill

Nutrients (approximately)

13 Calories per ¼ cup,
Fat 0.3g, Saturated Fat 0g, Cholesterol 0mg, Sodium 74.3mg,
Carbohydrates 2.7g, Fiber 0.6g, Sugars 1.3, Protein 0.4g

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