

## Gingerbread Cookies

Makes 60



### Ingredients

- 5 cups of all-purpose flour
- 2 tsp ground ginger
- 1 ½ tsp baking soda
- 1 tsp ground cinnamon
- ½ tsp ground cloves
- 1 Cup of butter
- 1 cup of sugar
- 1 egg
- 1 cup of molasses
- 2 tablespoons of vinegar

### Directions

- ℥ Combine flour, ginger, soda, cinnamon, cloves, and 1/2 teaspoon of salt
- ℥ With a mixer beat butter on medium speed for 30 seconds
- ℥ Add sugar; beat till fluffy
- ℥ Add egg, molasses, and vinegar; beat well
- ℥ Add dry ingredients to beaten mixture and beat till well blended
- ℥ Divide dough into thirds, cover and chill for about 3 hours
- ℥ Working with third of dough at a time, on lightly floured surface roll to ¼ inch thickness
- ℥ Cut into desired shapes.
- ℥ Place on a greased cookie sheet
- ℥ Bake at 375° for 5-6 minutes
- ℥ Cool about 1 minute; remove to wire rack. Cool. Decorate, if desired

### Nutrients (approximately)

94 Calories per cookie,  
Fat 3.2g, Saturated Fat 2g, Cholesterol 8.1mg, Sodium 25.8mg  
Carbohydrates 15.4g, Fiber 0.3g, Sugars 6.4g, Protein 1.2g



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