

## Cherry-Melon Breakfast Drink

Makes 2 servings



### Ingredients

- 1½ cups of Cantaloupe or Watermelon
- 1 cup of cherries
- 1 cup of plain yogurt
- 1 tbsp of light brown sugar
- ½ tsp of ground cloves

### Directions

- ☞ In a food processor or blender, combine all ingredients.
- ☞ Whirl for about 1 minute or until smooth
- ☞ Pour cherry-melon mixture into glasses
- ☞ Garnish with a sprig of mint
- ☞ Serve immediately.

150 Calories per serving

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